Job Description

Health & Wellness Coach – part-time independent contractor (Remote)

The Better Nutrition Program is looking for experienced, motivated and enthusiastic coaches to become part of our team. This is an opportunity to become part of a groundbreaking coaching program with one of the most innovative companies in health and nutrition today. Coaching is accomplished both digitally via our in-app messaging technology and virtually via a video platform. As a health coach at BNP, you'll work to optimize and personalize the client experience as they progress through an evidence-based program to meet their goals.

Qualifications

- 3 years relevant work experience (preferred)
- Bachelor's Degree in health-related field (Health Education, Nutrition, Exercise Science, Athletic Training, Nursing)(preferred)
- Health coach certification from NBH-WC approved training program
- NBC-HWC (preferred or obtain within 12 months of hire)

Job Requirements

- Carry General liability insurance (including professional liability insurance with limits not less than 1 million per occurrence)
- Willing to complete BNP coach training program
- Ability to communicate with BNP staff and providers in a detailed, timely and effective manner to address client status changes
- Excellent interpersonal, written and oral communication skills
- Ability to maintain accurate and up-to-date documentation of all coaching encounters
- Prior experience and/or high comfort level using technology to deliver health coaching
- Detail oriented and strong organizational skills

Required Skills

- Experience in facilitating client positive behavior change
- Knowledge of the functional medicine paradigm
- Knowledge of functional nutrition